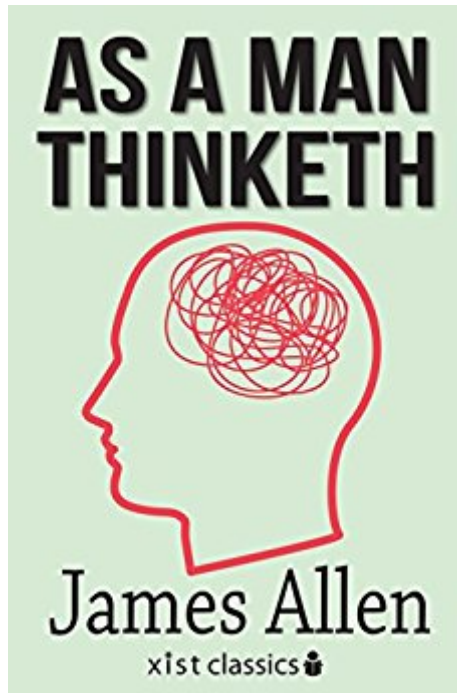


The book was found

As A Man Thinketh (Xist Classics)



Synopsis

Transform your Thoughts, Transform your Life – “Self-control is strength. Right thought is mastery. Calmness is power.” – James Allen, *As a Man Thinketh* What are you thinking right now? Is it moving you forward or holding you back? In James Allen’s classic text, *As a Man Thinketh*, you’ll learn the skills needed to change the way you think, and in doing so change the direction of your life. Read the book that has inspired millions to take control of destructive thought patterns and revolutionize the way they think. This self-improvement book is a must-read and is filled with insights into the human mind.

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Customer Reviews

This book was a complete life change for me. My entire life I have always been moody, emotionally unstable, tossed to and fro by my thoughts, bubbling with enthusiasm one moment and then sulking in a stupor the next. My last relationship was destroyed by such a mindset. Although I had ideas of

what had gone wrong, this book eloquently expounded on ideas that I had vague thoughts of, but was unable to put into words. The first time I was able to put the knowledge I learned from this book into practice was an emotionally explosive moment as I realized that I finally was able to control my thoughts and take a hold of my mind. Would highly recommend this book to any and all.

This is not a smooth, flowing read. It's full of words the average person doesn't use and speech patterns of a time now past. This may or may not be part of its charm and effect. It does however illustrate quite well the thought patterns of the champions of our world and lay clear instructions for success in life. Quite simply you are what you think. It's not a book on getting rich or making friends or being happy. It's a book that reminds you of the basic principals of thought and how your thoughts effect every aspect of life. A short little reminder that your mind is your greatest asset or your biggest liability.

This is a powerful little book I read in one sitting and if you knew me, you'd know I don't do that. WOW WOW WOW is all I can say. I need to read it 1000 more times. It impacted me so much that it changed behavior and thoughts. Such an amazing powerful insight into the way you look at things and should look at things and the self-talk you have with your self through out every day and what it should be. I highly recommend this book. It's one of those books that should be mandatory for anyone who wants to accomplish anything in life. Especially if you've failed or gotten run over or down and out... this book will re-ignite your flame and breath new hope into your bones. Please read this book!

I really love this book and it's teaching. I want to change my life in every area and it's up to me alone. It's teaching is very empowering. It's really up to me and when I change my mind I will change my life and it starts with my thinking. I bought 2 more books from my teenage nephews because the sooner they can learn to control their thinking and acquire what they really want out of life the better. I plan to read this book once a month for 6 months so the principles can sink in plus it's less than 80 pages.

Wow. Simply powerful. I don't think the price does this book justice. I would have paid more if I knew how well crafted this book is. Highly recommended. This book has higher ratings for a reason. If you come to a point where you're undecided, just purchase the damn book. What you got to lose? \$2? What you got to gain? ETERNAL KNOWLEDGE

The audio book is a must have. I listen to it while I'm falling asleep.

The insight of James Allen is amazing. What's even more impressive is his ability to break down the complicated process of thought. He helps us see that we we have much more control & power over our circumstances than we give ourselves credit for.

This is the type of book that you'll want to read on a regular basis. It can easily be read in one sitting and provides a great deal of insight into the thought process, and how negative thoughts can do nothing but harm us. As You Think clearly spells out that what you say to yourself, has a profound impact on how you'll feel about yourself and the world around you. The original version of this book was written well before the plethora of self-help books came on the market. This basically is the same as the original, with just a few changes to make the language more pertinent to today's world. Regardless, you'll learn more about yourself by reading this book, than by reading dozens of other much more wordy books books on the subject of positive thinking. This is one of the best ones out there.

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